



# Reduce barriers with the Special Health Care Needs Benefit

For self-insured groups

For the nearly 57 million people in the U.S. with intellectual or developmental disabilities,\* oral health care can be inaccessible or overwhelming. Together, we can change that.



Delta Dental of Virginia can help you care for your eligible employees by providing additional benefits to those with special needs. These benefits are optional, simply let your account manager know if you would like to opt in to the benefit at renewal. Here are a few details to help you make your decision:

## Who qualifies?

The American Academy of Pediatric Dentistry defines special health care needs as any physical, developmental, mental, sensory, behavioral, cognitive, emotional impairment or limiting condition that requires medical management, health care intervention, and/or the use of specialized services or programs. Individuals who fall into these categories often require extra care when they visit the dentist. All covered members with a qualifying special health care need are eligible for this benefit. There is no age limit.

## What is the cost?

There is no direct rate impact for your group to provide these benefits for eligible members.

## How do members access care?

Eligible members should let their dentist know that their Delta Dental group\*\* plan includes the Special Health Care Needs benefit and that they have a qualifying need. The dentist should verify the benefit before rendering services.

## What's included?\*\*\*

- **Extra exam benefits** are included for additional consultations with the dentist that may be necessary to help patients understand what to expect prior to treatment.
- **Up to four dental cleanings** in a benefit year.
- **Treatment delivery modifications**, including anesthesia, necessary for dental staff to provide oral health care for patients with sensory sensitivities, behavioral challenges, severe anxiety or other barriers to treatment.

## How do we opt in?

Contact your Delta Dental account representative to update your contract. Once signed up, download and share these flyers with your covered members: “Special Health Care Needs Benefit — Member Flyer” and “Special Health Care Needs Benefit — Dentist Instructions,” available at [DeltaDentalVA.com/special-health-care-needs-resources](https://DeltaDentalVA.com/special-health-care-needs-resources).



\*Penn Dental Medicine, University of Pennsylvania. \*\*The Special Health Care Needs benefit is not currently available under Delta Dental of Virginia's Individual and Family™ plans. \*\*\*Additional Special Health Care Needs benefits are covered at 100% with no deductible. Some benefits may be subject to the annual maximum based on your group benefit plan.