DELTA DENTAL®

2027 Delta Dental of Virginia eTip calendar

Delta Dental of Virginia is committed to communicating oral health information to our groups. Below is a calendar of our eTip communications. To be included on the distribution, email your sales representative to be added to our email list.

MONTH	THEME	FOCUS AREAS
January	**Making the most of your dental visits**	*Make your next checkup count:* Note any changes you've noticed, ask what your dentist is checking during the exam and what follow-up care they recommend
March	**World Oral Health Day — March 20**	*What's in your cup?* Take a look at what you sip throughout the day, from sweetened coffee to soda. Learn how frequent sipping exposes teeth to sugar or acid.
May	**A more comfortable dental visit**	*Make dental visits more comfortable:* Feel more at ease at your next dental visit by asking what to expect. If you or a loved one has special health care needs, ask the dental office about accommodations and explore Delta Dental of Virginia's resources for members with special health care needs.
July	**Summer eye protection**	*Keep your eyes summer-ready:* Protect your eyes on sunny days with sunglasses that block 100% of UVA and UVB rays and a wide-brimmed hat. If you have DeltaVision®, check whether LightCare™ or KidsCare is available through your plan and what each option covers.
September	**Healthy Aging Month**	*Let's talk about dry mouth:* Recognize what dry mouth can feel like and learn why saliva matters for protecting teeth. If dryness keeps coming back, bring your medication list to your dentist so you can talk through possible causes and ways to find relief.
November	**American Diabetes Month**	*Diabetes and your gum health:* Learn how diabetes can affect your gums, what changes to watch for and why it helps to tell your dentist about your diabetes.